

Games to help your child develop fine motor skills



There are lots of commercial games available that will help your child to develop their fine motor skills like control of their whole arm, using two hands together, manipulation, speed and general dexterity. They may also help with learning about sharing, taking turns, building concentration and attention span.

Enjoy playing family games with your child, or encourage older brothers and sisters or friends to play with younger children to reinforce rules and sharing.

Games for co-ordination and control

Fishing game
Bopit and bopit extreme
Topit
Buckaroo
Jenga
Buzz off
Monkey Business
Jacks
Tea sets

Construction Games

Lego / lego technic / ello
K'nex
Brio mechano and train sets
Magnetix
Marble runs
Transformers
Junk modelling / model making
Jigsaws

Games to encourage scribbling /drawing

Etch a sketch
Magna doodle
Aqua draw

Games for thinking and talking with fine motor skills too

Scrabble
Guess who
Pictionary

Games for manipulation

Operation
Bed bugs
Kerplunk/busy bees
Pop up pirates
Wiggly worms
Pick up sticks
Scoobies
Card games
Hamma beads
Tiddly winks
Hungry hippos
Threading and lacing beads and cards
Dressing up dolls
Mr and Mrs Potato head
Ludo and frustration
Play doh and clay and toys/tools to play with eg rolling pin, cutters and pastry wheel
Travel versions of games like draughts and connect four
Battle ships
Rubiks cube
Mousetrap
Perfection