

OUR FATHER

Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come,
Thy will be done,
On earth, as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass
against us.
And lead us not into temptation
but deliver us from evil.
AMEN

HAIL MARY

Hail Mary full of grace
The Lord is with thee.
Blessed art thou amongst women
And blessed is the fruit of thy
womb, Jesus.
Holy Mary, mother of God,
Pray for us sinners, now
And at the hour of our death,
AMEN

GRACE BEFORE MEALS

Bless us O Lord and these thy gifts
Which we are about to receive
Through thy goodness,
AMEN

St Charles, pray for us
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St Charles, pray for us.