

PSHE OVERVIEW – YEAR 2

AUTUMN TERM – RELATIONSHIPS				
Topic	Progression of Skills	Opportunities of learning...	Resource to support planning	Assessment opportunity
Families and friendships	To understand ways to make friends.	<ul style="list-style-type: none"> • how to be a good friend, e.g. kindness, listening, honesty • about different ways that people meet and make friends 	Journey of Love - Spiritual LF – Special people. LF – Treat others well	Pre/post Assessment from Life to the full.
	To understand what to do if they are feeling lonely and how to get help.	<ul style="list-style-type: none"> • strategies for positive play with friends, e.g. joining in, including others, etc. • about what causes arguments between friends • how to positively resolve arguments between friends • how to recognise, and ask for help, when they are feeling lonely or unhappy or to help someone else 		
Safe relationships	To recognise behaviour that is hurtful.	<ul style="list-style-type: none"> • how to recognise hurtful behaviour, including online • what to do and whom to tell if they see or experience hurtful behaviour, including online 	LF – Being safe LF – Good secrets and bad secrets LF – Physical contact NSPCC – PANTS LF – Can you help me?	Pre/post Assessment from Life to the full.
	To understand what a secret is; when it is ok to keep or when it is necessary to share.	<ul style="list-style-type: none"> • about what bullying is and different types of bullying • how someone may feel if they are being bullied • about the difference between happy surprises and secrets that make them feel uncomfortable or worried, and how to get help • how to resist pressure to do something that feels uncomfortable or unsafe • how to ask for help if they feel unsafe or worried and what vocabulary to use 		
Respecting ourselves and others	To recognise things in common and differences.	<ul style="list-style-type: none"> • about the things they have in common with their friends, classmates, and other people 	No Outsiders – To understand what diversity is. No Outsiders – To be able to work with everyone in class.	Look at no outsiders post questions
	To understand how to play and work cooperatively.	<ul style="list-style-type: none"> • how friends can have both similarities and differences • how to play and work cooperatively in different groups and situations • how to share their ideas and listen to others, take part in discussions, and give reasons for their views 		
SPECIAL THEMED WK/DAY: <ul style="list-style-type: none"> • New class rules • School council elections • Mental Health Day - Oct • Road safety week - 14th Nov • (11-14th Nov) Anti-Bullying Week – Homophobic Bullying (LF resource) • (2-7th Dec) National Grief Awareness Week – Bereavement resources (LF) 				

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SPRING TERM – LIVING IN THE WIDER COMMUNITY				
Topic	Progression of Skills	Opportunities of learning...	Resource to support planning	Assessment opportunity
Belonging to the community	To understand what it means to belong to a group. What are your roles and responsibilities?	<ul style="list-style-type: none"> • about being a part of different groups, and the role they play in these groups e.g. class, teams, faith groups • about different rights and responsibilities that they have in school and the wider community • about how a community can help people from different groups to feel included • to recognise that they are all equal, and ways in which they are the same and different to others in their community 	<p>Go-Givers – Caring for our community</p> <p>No Outsiders -To understand how we share the world</p> <p>No Outsiders -To understand what makes someone feel proud</p> <p>Journey of Love - Social and Emotional</p>	
	To know how we use the internet in everyday life.	<ul style="list-style-type: none"> • the ways in which people can access the internet e.g. phones, tablets, computers • to recognise the purpose and value of the internet in everyday life • to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos • that information online might not always be true 	(cross curricula link – ICT).	
	To understand what money is and how to look after it.	<ul style="list-style-type: none"> • about what money is and its different forms e.g. coins, notes, and ways of paying for things e.g. debit cards, electronic payments • how money can be kept and looked after • about getting, keeping and spending money • that people are paid money for the job they do • how to recognise the difference between needs and wants • how people make choices about spending money, including thinking about needs and wants 	TW - Money Matters lessons	
<p>SPECIAL THEMED WK/DAY:</p> <ul style="list-style-type: none"> • (21st March) International day for the elimination of racial discrimination – Anti Racism resources (LF). 				

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SUMMER TERM – HEALTH AND WELLBEING					
Topic	Progression of Skills	Opportunities of learning...	Resource to support planning	Assessment opportunity	
Physical Health and Mental Wellbeing	To understand why sleep is important. Keeping healthy; teeth and medicines including safety. To learn ways of managing your feelings and when to ask for help.	<ul style="list-style-type: none"> • about routines and habits for maintaining good physical and mental health • why sleep and rest are important for growing and keeping healthy • that medicines, including vaccinations and immunisations, can help people stay healthy and manage allergies • the importance of, and routines for, brushing teeth and visiting the dentist • about food and drink that affect dental health • how to describe and share a range of feelings • ways to feel good, calm down or change their mood e.g. playing outside, listening to music, spending time with others • how to manage big feelings including those associated with change, loss and bereavement • when and how to ask for help, and how to help others, with their feelings 	LF – Clean and Healthy (Cross curricula link – Science, PE and DT) Outside visitor (Dentist) LF- Feeling inside out LF – Super Suzie gets angry	x2 - Pre/post Assessment from Life to the full	
	Growing and changing	To understand how we are growing older; life stages. Including naming body parts. How to prepare yourself when moving on to a new class.	<ul style="list-style-type: none"> • about the human life cycle and how people grow from young to old • how our needs and bodies change as we grow up • to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) • about change as people grow up, including new opportunities and responsibilities • preparing to move to a new class and setting goals for next year 	Journey of Love-Physical (Girls and Boys LF) No Outsiders – To feel proud of being different (Cross curricula link – Science) Transition day	
	Keeping safe	How to keep safe in different environments; keeping safe at home.	<ul style="list-style-type: none"> • how to recognise risk in everyday situations, e.g. road, water and rail safety, medicines • how to help keep themselves safe in familiar and unfamiliar environments, such as in school, online and ‘out and about’ 	PA - Red Cross: Life. Live it ‘stay safe’ LF – Can I help you?	

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	Learning what to do in an emergency.	<ul style="list-style-type: none">• to identify potential unsafe situations, who is responsible for keeping them safe in these situations, and steps they can take to avoid or remove themselves from danger• how to help keep themselves safe at home in relation to electrical appliances, fire safety and medicines/household products• about things that people can put into their body or onto their skin (e.g. medicines and creams) and how these can affect how people feel• how to respond if there is an accident and someone is hurt• about whose job it is to keep us safe and how to get help in an emergency, including how to dial 999 and what to say	LF – Harmful substances	
<p><i>SPECIAL THEMED WK/DAY:</i></p> <ul style="list-style-type: none">• New class transition day• Healthy Eating Week				

LF – Life to the Full - [Life to the Full \(Catholic\) – landing page \(tentenresources.co.uk\)](http://tentenresources.co.uk)

PA – PSHE Association - [Home | www.pshe-association.org.uk](http://www.pshe-association.org.uk)

Go-Givers - [Teaching Resources - Young Citizens](#)