



ASH WEDNESDAY

**REPENT AND BELIEVE
IN THE GOSPEL**



Ashes were worn by people in the Old Testament to show their repentance (Jonah 3).

We also wear ashes on Ash Wednesday as a sign of our repentance and grief for our sins.

The ashes are a public sign of our intent to die to our world desires and live in Christ. As our foreheads are being marked, the priest says:

"Remember that you are dust and unto dust you shall return".
(Genesis 3:19)



The ashes come from the blessed palms used in the Palm Sunday celebration of the previous year.

Ash Wednesday is the first day of the season of Lent.