

LENT

FAMILY ACTIVITIES

- 1. Keep a Lent prayer time at home.
- 2. Talk about each Bible verse and image. -
- 3. Make someone a 'Thinking of you' card.
- 4. Donate to a food bank or other charity.
- 5. Offer to help with housework.
- 6. Ring an elderly neighbour.
- 7. Create a Stations of the Cross walk outside.

- A: Deuteronomy 6: 6-9, Colossians 3: 16
- B: Numbers 32: 13, Matthew 4: 1-11
- C: Isaiah 58: 3-11, Matthew 6: 1-4
- D: Jonah 3, Matthew 11: 20-22
- E: Esther 4: 12-17, Joel 2: 12, Acts 13: 2
- F: Zechariah 9: 9, Mark 11: 1-11
- G. Genesis 37: 12-28, Mark 14: 1-11
- H: Exodus 12: 1-14, Mark 14: 22-25
- I: Isaiah 53: 12, Luke 22: 35-38; 47-53
- J: Zechariah 13: 7, Mark 14: 66-72
- K: Genesis 22: 1-19, John 19: 1-22
- L: Isaiah 53, John 19: 23-42

