



Friday 18th November	Own Clothes Day - Chocolate donation for chocolate hampers
Friday 25th November	Own Clothes Day - Bottle donation for Bottle raffle
Thursday 1st December	Christmas Fayre
Monday 12th December	Year 5 Class Assembly 9.10am (Parents Welcome)
Wednesday 14th December	EYFS Nativity 9.30am School Hall
Monday 19th December	Year 3 Class Assembly 9.10am (Parents Welcome)
Tuesday 20th December	Christmas Dinner Day - children wear Christmas jumpers

Look out for updates on our school website stcharlescatholicprimary.com
or follow us on Twitter [@CharlesPrimary](https://twitter.com/CharlesPrimary)

Pupil of the Week

We are extremely proud of all our children, however the staff are tasked with choosing just one child each week who has stood out amongst the others to receive a special award.



Well done to all our winners.

Class	Pupil of the Week 4th November 2022
Nursery	Charlotte
Reception	Anthony
Year 1	Luca
Year 2	Kyle
Year 3	Luke
Year 4	Thomas
Year 5	Mason
Year 6	Daisy

Pupil of the Week

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Well done to all our winners.

Class	Pupil of the Week 11th November 2022
Nursery	Penelope
Reception	Matthew
Year 1	Ava
Year 2	Dolly
Year 3	Elliot
Year 4	Harley
Year 5	Milliw
Year 6	Romi



St Charles' Catholic Primary School Newsletter

"Love, learn and grow together"

Headteacher Mrs Rebecca Dean

11th November 2022



Remembrance Day

Today, Friday 11th November, the school fell silence in remembrance of those who have lost their lives in war. We remember the sacrifice of all the men, women and animals who have given their lives in conflict.

The children have been learning about Remembrance Day, through lots of different activities, as we mark the 104th Anniversary since the end of the Great War.

*"They shall grow not old, as we that are
left grow old;*

*Age shall not weary them, not years
condemn.*

*At the going down of the sun and in the
morning We will remember them."*

We prayer for those in our parish and in our families who have suffered or given their lives in conflict. Amen.



EYFS Phonics Stay & Play

We are looking forward to hosting two Phonics stay and play sessions for EYFS parents next week. You should have received information about which session you should attend.

Monday 14th November 10-11am

Tuesday 15th November 10-11am

This will give you an opportunity to find out about how we teach early reading and how you can support your child at home.



Everton Nature Garden

The Y5 & Y6 environmentalist made their second visit to the nature garden on Wednesday. This time they learnt about food chains, looking for clues to the wildlife in the garden and what makes healthy soil for growing vegetables.



Congratulations to Nursery for being our best attenders this week.



Curriculum

Do you want to know more about what the children are learning about in class?

Each class has their own page on the school website which details what they will be learning term by term. This is a great way to find out more about your child's learning.



Classes

EYFS
YEAR 1
YEAR 2
YEAR 3
YEAR 4
YEAR 5
YEAR 6

Visit:

<https://stcharlescatholicprimary.com/>

Information for Parents/Carers

Please see below for your child's learning each term this year.

Year 5 Autumn 2022-2023

Example from Year 5

Year 5 Spring 2022-2023

Year 5 Summer 2022-2023

Class	Attendance & Punctuality for this week
WHOLE SCHOOL	93.64% 30 Lates
Nursery	100 % 1 Late
Reception	91.43% 3 Lates
Year 1	98.00% 9 Lates
Year 2	89.33% 1 Late
Year 3	97.33% 5 Lates
Year 4	96.25% 4 Lates
Year 5	88.89% 5 Lates
Year 6	93.20% 2 Lates

Uniform Reminders

We pride ourselves in the high expectation we have for our children. Please could you be aware of the following reminders

Hair - All children who have **shoulder length** hair or longer should have their **hair tied back**.

Nail Varnish - Nail varnish is not part of school uniform and should be removed before coming into school.

Thank you

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile, deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

- 1. GET CONNECTED**
Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.
- 2. KEEP TALKING**
Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).
- 3. STAY VIGILANT**
Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.
- 4. MAKE YOURSELF AVAILABLE**
If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.
- 5. BE PREPARED TO LISTEN**
When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they don't seem to deal with the situation in exactly the way you would have hoped.
- 6. EMPOWER YOUR CHILD**
Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.
- 7. REPORT BULLIES ONLINE**
Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.
- 8. ENCOURAGE EMPATHY**
Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyber-bullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.
- 9. SEEK EXPERT ADVICE**
Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.
- 10. INVOLVE THE AUTHORITIES**
If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

FURTHER SUPPORT AND ADVICE
If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.
Children: talk to a trained counsellor on 0800 111 or online at www.childline.org.uk/get-support/
National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html
The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

Meet Our Expert
Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.11.2022

Tooth Brushes & Toothpaste

The Hygiene Bank and Boots have very kindly donated tooth brushes and toothpaste to all the children in school. We also received the special tablets to see where plaque is on your teeth. If you would like one of the little boxes please email jward@stcharlesliverpool.co.uk



Girls Football

LSSP will be putting on a KS2 girls football after school club starting on Monday. Please see Class Dojo for more details.



Christmas Fair

Can you help us with our upcoming Christmas Fair?

We are looking for donations for our Grand Raffle.

Helpers to run the class stalls.

Helpers to set up on the afternoon of Thursday 1st December.

If you are able to help in any way please email or speak to a member of school staff.

jward@stcharlesliverpool.co.uk