



# St Charles' Catholic Primary School Newsletter



**"Love, learn and grow together"**

Headteacher Mrs Rebecca Dean

2nd December 2022

## Christmas Fayre

It was wonderful seeing the hall busy with our families as they went around the many stalls and crafts. Our special guest, was of course, **Father Christmas** who was delighted to see so many well behaved children.

*We are thrilled to announce that we have raised nearly £1,000. This is an amazing amount - Thank you!*

Of course an event like this takes lots of planning and organising, **thank you to all our helpers and staff.**

A special shout out to **Mrs Ward and Miss Everett** who were instrumental in the success of the fayre.

We will continue to sell raffle tickets for our Grand raffle, with lots of lovely prizes. Tickets can be purchased at the end of the school day or with your child - please put money in an envelope with your child's name and class, they will be collected during morning registration by their class teacher.

## EYFS Phonics Stay & Play

Two weeks ago, parents and carers of children in **Nursery and Reception** and were invited into school to learn more about our phonics programme Read Write Inc. The parents enjoyed the different activities we use to help the children with early reading. We received really positive feedback and are planning more Stay and Play sessions soon.



**Congratulations to Year 3** for being our best attenders this week.

### Time Keeping

We have noticed over the last couple of weeks that timekeeping is becoming an issue. The gates close at 8.55am and lessons start promptly after the register.

Daily phonics and rapid reasoning is taught at this time and is a vital start to the school day. Coming in late in the morning has a big impact on your child's day.

**5 minutes later per day for the school year equates to over 15 hours of lost learning!**

Class	Attendance & Punctuality for this week
WHOLE SCHOOL	92.41% 34 Lates
Reception	90.00% 2 Lates
Year 1	91.00% 8 Lates
Year 2	92.67% 2 Late
Year 3	95.00% 9 Lates
Year 4	91.67% 5 Lates
Year 5	91.11% 3 Lates
Year 6	91.60% 5 Lates



The RAISE Team and members of the Liverpool CAMHS Partnership deliver an ongoing programme of training opportunities. Underpinned by therapeutic models, Liverpool CAMHS training is designed to educate and empower parents and carers as we strive to improve the knowledge and understanding of mental health among children and young people.

<https://www.liverpoolcamhs.com/professionals/training/>

**Bite-size sessions coming up in December, delivered via Zoom unless otherwise stated**

**Safety Planning** - 29/11/2022 9:30 am - 12:30 pm, Location: Merseyside Youth Association, 65-67 Hanover Street Liverpool. [Book here](#)  
**Behaviour as Communication** - 30/11/2022 4:00 pm - 5:00 pm [Book here](#)  
**Managing Child Worry** - 01/12/2022 4:00 pm - 5:00 pm [Book here](#)  
**Grief and Loss** - 05/12/2022 9:30 am - 10:30 am [Book here](#)  
**Resilience** - 05/12/2022 11:00 am - 12:00 pm [Book here](#)  
**Suicide Awareness** - 05/12/2022 1:00 pm - 2:00 pm [Book here](#)  
**An Introduction to Psychosis** - 05/12/2022 2:00 pm - 3:00 pm [Book here](#)  
**An Introduction to Attachment** - 05/12/2022 4:00 pm - 5:00 pm [Book here](#)  
**Social media and mental health** - 06/12/2022 10:00 am - 11:00 am [Book here](#)  
**Worries of the World** - 07/12/2022 10:00 am - 11:00 am [Book here](#)  
**Self-harm** - 08/12/2022 10:00 am - 10:45 am [Book here](#)  
**Eating Disorders** - 08/12/2022 4:00 pm - 4:45 pm [Book here](#)  
**Adverse Childhood Experiences (ACEs) and Trauma** - 12/12/2022 9:30 am - 4:30 pm  
 Location: Merseyside Youth Association Ltd, 65-67 Hanover Street, Liverpool [Book here](#)  
**Managing Challenging Conversations** - 12/12/2022 10:00 am - 11:00 am [Book here](#)  
**Understanding the needs of Young Carers** presented by Barnardo's Action with Young Carers Liverpool & RAISE Team 13/12/2022 4:00 pm - 5:30 pm [Book here](#)  
**Managing Child Worry** - 15/12/2022 10:00 am - 11:00 am [Book here](#)  
**Embracing uncertainty** - 15/12/2022 4:00 pm - 5:00 pm [Book here](#)

## Scarlet Fever

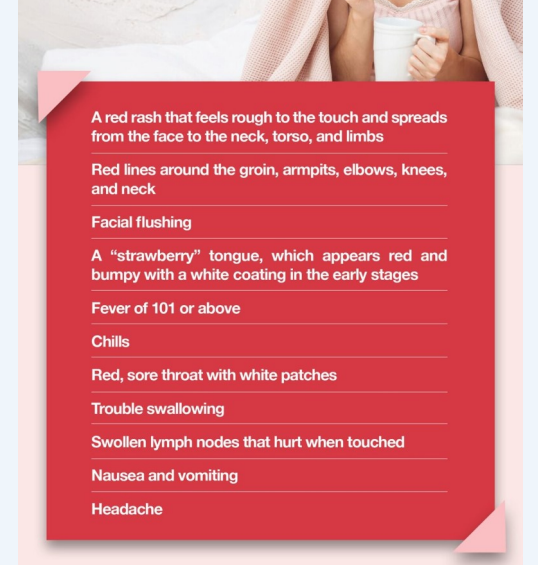
This week we received a letter from Public Health England updating school with information that the number of cases of Scarlet Fever had increased. Whilst we have **NOT** had any cases in school, we would like you to be aware of the symptoms.

Scarlet fever is a common childhood infection caused by *Streptococcus pyogenes*, or group A streptococcus (GAS). The early symptoms of scarlet fever include sore throat, headache, fever, nausea and vomiting. After 12 to 48 hours the characteristic red, pinhead rash develops, typically first appearing on the chest and stomach, then rapidly spreading to other parts of the body, and giving the skin a sandpaper-like texture. The scarlet rash may be harder to spot on darker skin, although the 'sandpaper' feel should be present. Patients typically have flushed cheeks and pallor around the mouth. This may be accompanied by a 'strawberry tongue'. As the child improves peeling of the skin can occur.

Children and adults with suspected scarlet fever should not attend nursery/school/ work until 24 hours after starting appropriate antibiotic treatment. Whilst scarlet fever is circulating it is important that any children and adults with chickenpox do stay off school or nursery until all their blisters have dried over, which is usually 5 days after they first appeared.

**Please be aware we do have children and staff in school who are medically vulnerable. Please inform school if you suspect Scarlett Fever.**

### Scarlet Fever Symptoms



### Park Responsibly!

Yet again I have witnessed parents driving at speed onto the pavement close to the school gates. Pedestrians have right of way on public paths.

If you are dropping off your child in the morning please be aware of other children coming into school.

**SLOW DOWN and THINK before you PARK!**

We will reporting any further incidents straight to the police.



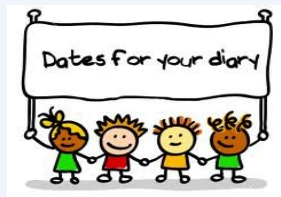
## Pupil of the Week



We are extremely proud of all our children, however the staff are tasked with choosing just one child each week who has stood out amongst the others to receive a special award.

Class	Pupil of the Week 2nd December 2022
Nursery	<b>Hughie</b>
Reception	<b>Nathan</b>
Year 1	<b>Alex</b>
Year 2	<b>Darcie T</b>
Year 3	
Year 4	<b>Noah</b>
Year 5	<b>Charlie</b>
Year 6	<b>Archie</b>





- Monday 12th December**      **Year 5 Class Assembly 9.10am (Parents Welcome)**
- Wednesday 14th December**      **EYFS Nativity 9.30am School Hall**
- Thursday 15th December**      **Key Stage 1 Nativity 9.30am School Hall**
- Tuesday 20th December**      **Christmas Dinner Day - children wear Christmas jumpers**
- Wednesday 21st December**      **Christmas Parties**
- Wednesday 21st December**      **School Closes for Christmas—normal time**

Look out for updates on our school website [stcharlescatholicprimary.com](http://stcharlescatholicprimary.com)  
or follow us on Twitter [@CharlesPrimary](https://twitter.com/CharlesPrimary)

## Pupil of the Week

We are extremely proud of all our children, however the staff are tasked with choosing just one child each week who has stood out amongst the others to receive a special award.

Well done to all our winners.

Class	Pupil of the Week 18th November 2022
Nursery	<b>Alfie M</b>
Reception	<b>Marni</b>
Year 1	
Year 2	<b>Tyler</b>
Year 3	
Year 4	<b>Milika</b>
Year 5	<b>Rico</b>
Year 6	<b>Joseph FH</b>



## Pupil of the Week

We are extremely proud of all our children, however the staff are tasked with choosing just one child each week who has stood out amongst the others to receive a special award.

Well done to all our winners.

Class	Pupil of the Week 25th November 2022
Nursery	<b>Ceceila</b>
Reception	<b>Owen</b>
Year 1	
Year 2	<b>Annie</b>
Year 3	
Year 4	
Year 5	<b>Daniel</b>
Year 6	



## Safer Internet Use

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

### What Parents & Carers Need to Know about AGE-INAPPROPRIATE CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

#### WHERE IS IT FOUND?

##### SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

##### GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.

#### STREAMING

The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

#### ADVERTS

Online adverts frequently include age-inappropriate content: usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history: so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

### Advice for Parents & Carers

#### TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

#### BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

#### CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake – but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

#### GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

#### STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

**Meet Our Expert**  
Cayley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counselling to children, teenagers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)    @natonlinesafety    /NationalOnlineSafety    @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 01.12.2021

## It's getting Christmassy

Children in EYFS and Key Stage 1 have been busy getting ready for their Christmas Performances and are looking forward to being on stage.

**EYFS (Nursery & Reception) Wednesday 14th December - 9.30am**

**Key Stage 1 (Year 1 & Year 2) Thursday 15th December - 9.30am**