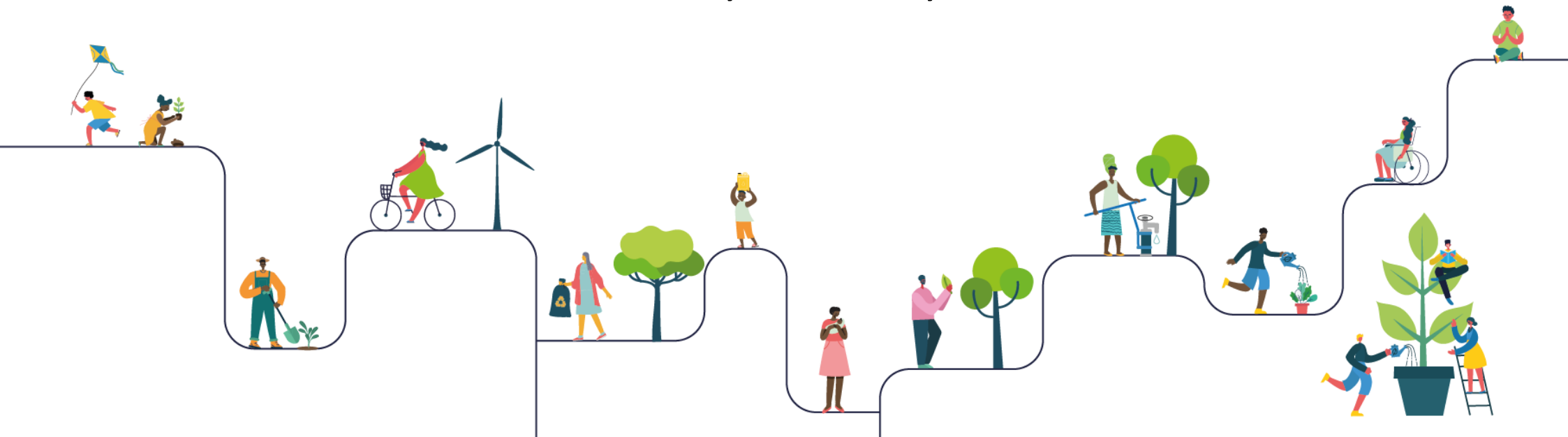


# LiveSimply

NAME OF SCHOOL : St Charles' Catholic Primary School  
CONTACT NAME : Becky Battersby



# The **Live**Simply action planning form

Please refer to the **LiveSimply** action planning guide for details on how to fill out this planning document.

<p><b>GLOBAL</b></p>	<p>Description of action: LIVING SIMPLY/LIVING IN SOLIDARITY</p> <p>We will take part in International Day of Peace 2024 (Saturday 21<sup>st</sup> September) celebrating in school week beginning Monday 16<sup>th</sup> September. We will participate through whole school assembly using CAFOD peace liturgy, learning about ways to develop peace, praying for communities and countries impacted by war or conflict and writing prayers for peace to share in International Day of Peace Assembly Friday 20<sup>th</sup> September.</p> <p>Faith Input: John 14.27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. Matthew 5:9 "Blessed are the peacemakers, for they shall be called sons of God. 9 God blesses those who work for peace, for they will be called the children of God. 9 "You're blessed when you can show people how to cooperate instead of compete or fight. That's when you discover who you really are, and your place in God's family Catholic Social Teaching <a href="https://cafod.org.uk/education/primary-teaching-resources/peace-liturgy">https://cafod.org.uk/education/primary-teaching-resources/peace-liturgy</a></p> <p>Education input: <a href="https://cafod.org.uk/education/primary-teaching-resources/peace-liturgy">https://cafod.org.uk/education/primary-teaching-resources/peace-liturgy</a> Pupils will learn more about International Day of peace, develop a greater understanding of what peace means and how we can all contribute to living in peace.</p>	<p>Description of action: LIVE SIMPLY = BIG ACTION</p> <p>We will take part in World Food Day 2024 (Wednesday 16<sup>th</sup> October). We will celebrate through whole school assembly using CAFOD Feeding of the 5000 assembly, praying for communities and countries with little or no food and learning about ways to help them. We will collect food (tins) for our local foodbank as well as coins for CAFOD who support our brothers and sisters overseas. We will use the phrase 'A coin and a tin, it's a win, win'. This will coincide with Harvest Festival 2024 (Sunday 6<sup>th</sup> October) Harvest Festival mass and our link to our local foodbank.</p> <p>Faith Input: Matthew 14:13-21 Jesus got out of the boat, and when he saw the large crowd, his heart was filled with pity for them, and he healed their sick. That evening his disciples came to him and said, "It is already very late, and this is a lonely place. Send the people away and let them go to the villages to buy food for themselves." "They don't have to leave," answered Jesus. "You yourselves give them something to eat!" "All we have here are five loaves and two fish," they replied. "Then bring them here to me," Jesus said. He ordered the people to sit down on the grass; then he took the five loaves and the two fish, looked up to heaven, and gave thanks to God. He broke the loaves and gave them to the disciples, and the disciples gave them to the people. Everyone ate and had enough. Then the disciples took up twelve baskets full of what was left over. 21 The number of men who ate was about five thousand, not counting the women and children. Matthew 25:35, 40 For I was hungry, and you gave me to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in ... in so far as you did this to one of the least of my brothers and sisters, you did it to me."</p> <p>Education input: CAFOD Harvest Festival Assembly Feeding of the 5,000 assembly (<a href="https://cafod.org.uk">cafod.org.uk</a>) Food technology week across the school Religious Education Directory, Year 3, Branch 4, Desert to Garden, Hear Lens</p>	<p>Description of action: LIVING IN SOLIDARITY</p> <p>We will invite a CAFOD volunteer to lead an assembly on World Gifts. Each class will choose a World Gift and decide how they will raise funds to purchase the gift during the season of Lent 2024.</p> <p>Faith Input: Matthew 25:40 In truth I tell you, in so far as you did this to one of the least of these brothers [or sisters] of mine, you did it to me. (Link to World Food Day 2024)</p> <p>Education input: CAFOD Catholic Social Teaching, Solidarity, 7 Catholic Social Teaching principles (<a href="https://cafod.org.uk">cafod.org.uk</a>) World Gifts for primary schools assembly (<a href="https://cafod.org.uk">cafod.org.uk</a>) led by CAFOD volunteer. The children will learn more about the work of CAFOD and how fundraising enables CAFOD to stand in solidarity with our global family.</p>
<p><b>LOCAL</b></p>	<p>Description of action: LIVING SIMPLY</p> <p>We will create links with our local care homes, Ranelagh House, St Joseph's and Park View and local parishioners on</p>	<p>Description of action: LIVING IN SOLIDARITY</p> <p>We will support our local foodbank. We will invite a volunteer from 'South Liverpool Foodbank' and/or 'Everyone's Aigburth' to share the work they do and how it helps the local community</p>	<p>Description of action: LIVING SUSTAINABLY</p> <p>Inspired by Laudato Si' we will create links with 'Everyone's Aigburth' and 'Lark Lane Neighbourhood' organisations to organise termly litter picks in the local community so our</p>

	<p>Tramway Road and Borromeo Close. Pupils will send cards at Remembrance, Christmas and Easter.</p> <p>Faith Input: Matthew 7:12 Do to others as you would have done to yourself. Pope Francis said, "Elderly people have so much to give us because there is the wisdom of life," He also urged Christians to bridge the gap between older and younger generations so that the elderly may pass on the "memory of life, the experience of life, the wisdom of life." "In the measure that we can help young people and old people connect, there will be more hope for the future of our society,"</p> <p>Education input: Remembrance Day Assembly and class projects. Religious Education Directory, EYFS and KS1, Branch 2, Prophecy and Promise, Hear, Believe, Celebrate and Live Lenses Advent and Christmas Masses, CAFOD Advent Calendar. (Link to school LIVING SIMPLY action). Lent and Easter Masses, CAFOD Stations of the Cross. (Link to school LIVING SIMPLY action). Pupils will develop relationships with the elderly in our local parish and local community.</p>	<p>with the children. Pupils will be involved in organising and promoting a foodbank collection, checking with our local foodbank as to items required, items are in date and delivery to our local foodbank. The children will share their work with parents and our parish via our school newsletter posted on Dojo, our school website and in our parish church. (This will coincide with Harvest Festival, Harvest Festival Mass and taking part in World Food Day October 2024)</p> <p>Faith Input: Matthew 25:35, 40 For I was hungry, and you gave me to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in ... in so far as you did this to one of the least of my brothers and sisters, you did it to me."</p> <p>Education input: CAFOD Catholic Social Teaching, Solidarity, 7 Catholic social teaching principles (cafod.org.uk) Pupils will learn about their local foodbanks and how they can help support those less fortunate in their local community.</p>	<p>environment is safer for wildlife and more pleasant for residents. Any litter we can recycle will be appropriately recycled and we will start each litter pick will start with a prayer. (Link to school LIVING SUSTAINABLY action).</p> <p>Faith Input: CAFOD Laudato Si' Animation.</p> <p>Education input: We will invite a volunteer from 'Everyone's Aigburth' and/or Lark Lane Neighbourhood' to share their work with the children. We will research what can currently be recycled by our local council / other options and ensure we put the litter into the correct bins. CAFOD <a href="https://cafod.org.uk/Education/Primary-teaching-resources/Laudato-Si-for-children">https://cafod.org.uk/Education/Primary-teaching-resources/Laudato-Si-for-children</a></p>
SCHOOL	<p>Description of action: LIVING SIMPLY Every September, after hearing the creation story, pupils will work together to create prayers thanking God for his creation, they will spend time outdoors and draw plants and animals that God has created. The prayers and art work will be displayed in the school foyer, in classrooms, the school newsletter and class Dojo.</p> <p>Faith Input: Genesis - The Creation Story - Genesis 1:31 God created the world and said, 'Indeed it is very good'. Laudato Si 84-88 - The whole of Creation shows God's love for us Nicene Creed Opening, 'I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible'. Psalms 8, 19, 139 praising God's creation CAFOD Catholic Social Teaching - Creation and Environment, Stewardship, Dignity of the Human Person</p> <p>Education input:</p>	<p>Description of action: LIVING SIMPLY ADVENT/LIVING IN SOLIDARITY LENT Each Advent, each class will use the CAFOD Advent calendar for daily scripture, reflections and activities. Each Lent, KS2 classes will use the CAFOD Stations of the Cross for scripture and prayers. KS1 will use age appropriate resources for reflections, prayers and actions.</p> <p>Faith Input: Scripture references from CAFOD Advent Calendar and Stations of the Cross</p> <p>Education input: CAFOD Advent Calendar and Stations of the Cross. Children will complete a range of suggested activities and write prayers which will be shared on the newsletter and class Dojo. Religious Education Directory, EYFS, KS1 and Y3 Branch 2, Prophecy and Promise, Hear, Believe, Celebrate and Live Lenses Religious Education Directory, All Year Groups Branch 4, Desert to Garden, Hear, Believe, Celebrate and Live Lenses Children will better understand the meaning of Advent, the Stations of the Cross and Holy Week.</p>	<p>Description of action: LIVING SUSTAINABLY Inspired by Laudato Si, on Earth Day 2024 (Monday 22nd April) we will think about how we can refuse, reuse, reduce, repurpose and recycle in our classrooms, offices, staffroom, kitchen and dining hall. The school council will implement and share methods with the rest of the school regarding the 7 Rs and their ideas will be shared on the newsletter for parents and the local parish.</p> <p>Faith Input: Psalm 24:1 The world and all that is in it belongs to the Lord; the earth and all who live on it are his. CAFOD/Laudato Si Prayers for the Earth</p> <p>Education input: CAFOD Earth Day Assembly Pope Francis Laudato Si Animation <a href="http://Earthday.org.uk">Earthday.org.uk</a> Twinkl - age appropriate powerpoints, resources and activities to support learning about Earth Day</p>

	<p>The Creation Story - age appropriate for all year groups CAFOD Season of Creation, Prayers and Activities (1st September 2024-4<sup>th</sup> October 2024) Religious Education Directory, EYFS, KS1 and Y3 Branch 1, Creation and Covenant, Hear, Believe, Celebrate and Live Lenses Children will write prayers and complete art work</p>		<p>Pupils will learn more about Earth Day and develop a greater understanding of what the 7Rs mean and how we can all contribute to looking after the earth and living more sustainably</p>
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## LiveSimply

Criteria for live simply: To take action towards living a simpler lifestyle including slowing down and finding time to pray and reflect, refusing and reducing on what we consume, spending more time on the simpler things in life including reflective time with family and friends, time in nature.

Brief description of main action:

We will take part in World Food Day 2024 (Wednesday 16th October). We will celebrate through whole school assembly using CAFOD Feeding of the 5000 assembly, praying for communities and countries with little or no food and earning about ways to help them. This will coincide with Harvest Festival 2024 (Sunday 6th October) Harvest Festival mass and our link to our local foodbank.

This will become an annual event across school.

How will you plan for a wider community engagement?

Engagement with local church, parish, parishioners through Harvest Festival Mass and collection baskets for food items.

Engagement with local community through parents, parishioners and local foodbanks - Everyone's Aigburth and South Liverpool Foodbank - collection baskets for food items.

All food items will be collected, sorted and redistributed to elderly parishioners living alone on Tramway Road and Borromeo Close and to our two local foodbanks Everyone's Aigburth and South Liverpool Foodbank.

Links to LIVING IN SOLIDARITY school action - supporting our local foodbank

## FAITH | LEARN | ACT

What faith-based resources will you use?

*Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.*

Matthew 14:13-21 Jesus got out of the boat, and when he saw the large crowd, his heart was filled with pity for them, and he healed their sick.

That evening his disciples came to him and said, "It is already very late, and this is a lonely place. Send the people away and let them go to the villages to buy food for themselves."

"They don't have to leave," answered Jesus. "You yourselves give them something to eat!"

"All we have here are five loaves and two fish," they replied.

"Then bring them here to me," Jesus said. He ordered the people to sit down on the grass; then he took the five loaves and the two fish, looked up to heaven, and gave thanks to

God. He broke the loaves and gave them to the disciples, and the disciples gave them to the people. Everyone ate and had enough. Then the disciples took up twelve baskets full of what was left over. 21 The number of men who ate was about five thousand, not counting the women and children.

Matthew 25:35, 40 For I was hungry, and you gave me to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in ... in so far as you did this to one of the least of my brothers and sisters, you did it to me."

What educational resources will you use?

*These can include CAFOD educational resources, or other resources that provide a learning journey.*

Feeding of the 5,000 assembly (cafod.org.uk)

Food technology week across the school

Religious Education Directory, Year 3, Branch 4, Desert to Garden, Hear Lens

World Food Day Teaching Resources on Twinkl - age appropriate powerpoints, and activities.

Posters to promote World Food Day will be displayed around school, on the newsletter and in church for children, parents, carers and parishioners.

## Live Sustainably

Criteria for live sustainably: To take action towards protecting God's creation through personal actions. This can include taking action on how much we use and throw away, supporting the work of eco clubs and other eco initiatives, taking environmentally positive action in the local community.

Brief description of main action:

Inspired by Laudato Si, on Earth Day 2024 (Monday 22nd April) we will think about how we can refuse, reuse, reduce, repurpose and recycle in our classrooms, offices, staffroom, kitchen and dining hall. The school council will implement and share methods with the rest of the school regarding the 7 Rs and their ideas will be shared on the newsletter for parents and the local parish.

This will become an annual event across school.

How will you plan for a wider community engagement?

Engagement with local church, parish, parishioners and community through a paper recycling bin in church for used newsletters from Sunday mass. The class attending weekly mass on Tuesday will collect the paper and recycle it in the school recycling bins.

Engagement with local parish, parishioners and community through link with Everyone's Aigburth and litterpicking - litter can also be recycled.

Links to LIVING SUSTAINABLY school action - litterpick

## FAITH | LEARN | ACT

What faith-based resources will you use?

*Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.*

Psalm 24:1 The world and all that is in it belongs to the Lord; the earth and all who live on it are his.

CAFOD/Laudato Si Prayers for the Earth

What educational resources will you use?

*These can include CAFOD educational resources, or other resources that provide a learning journey.*

CAFOD Earth Day Assembly

Pope Francis Laudato Si Animation

Earthday.org.uk

Twinkl - age appropriate powerpoints, resources and activities to support learning about Earth Day

Pupils will learn more about Earth Day and develop a greater understanding of what the 7Rs mean and how we can all contribute to looking after the earth and living more sustainably

## Live in Solidarity

Criteria for live in solidarity: To take direct action to help our global family. This includes campaign action to raise awareness or challenge structures that impact negatively on our global neighbours, fundraising to help communities in need, and other global actions that make a difference to our global family.

Brief description of main action:

We will invite a CAFOD volunteer to lead an assembly on World Gifts. Each class will choose a World Gift and decide how they will raise funds to purchase the gift during the season of Lent 2024.

This will become an annual event across the school.

How will you plan for a wider community engagement?

Engagement with local church, parish, parishoners, parents and community through fundraising for World Gifts during the season of Lent. Fundraising ideas will be shared on the school newsletter and class Dojo.

## FAITH | LEARN | ACT

What faith-based resources will you use?

*Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.*

Matthew 25:40 In truth I tell you, in so far as you did this to one of the least of these brothers [or sisters] of mine, you did it to me. (Link to World Food Day 2024)

What educational resources will you use?

*These can include CAFOD educational resources, or other resources that provide a learning journey.*

CAFOD Catholic Social Teaching, Solidarity, 7 Catholic Social Teaching principles (cafod.org.uk)

World Gifts for primary schools assembly (cafod.org.uk) led by CAFOD volunteer.

The children will learn more about the work of CAFOD and how fundraising enables CAFOD to stand in solidarity with our global family.

To register for the LiveSimply award, please fill out the form below, and send in your completed action plan to the address below. Upon receipt of your registration we will send you a registration certificate for you to display in your school.

Name of School

St Charles' Catholic Primary School

Address

Tramway Road, Aigburth, Liverpool, L17 7JA

Headteacher

Mrs Rebecca Dean

Contact Name

Becky Battersby

Email Address

bbattersby@stcharlesliverpool.co.uk

Date 01.12.2023

Please email a copy of your plan to [schools@cafod.org.uk](mailto:schools@cafod.org.uk)

**CAFOD Education team,  
Romero House,  
55 Westminster Bridge Road,  
London SE1 7JB.**

Yes, I would like to join an email list for the LiveSimply award where I will receive updates, ideas, links to action and further support.

CAFOD will process information you provide to us on this form for the purposes of sending you resources for the LiveSimply Award. CAFOD will keep some personal details about you on our database so we can stay in contact with you enabling us to administer and manage the LiveSimply award efficiently.

You can change your communication preferences at any time by contacting us at [cafod@cafod.org.uk](mailto:cafod@cafod.org.uk) or 0303 303 3030.

CAFOD will never share your data for marketing. For details, see our privacy statement on [www.cafod.org.uk/privacy](http://www.cafod.org.uk/privacy)